

SPECTRA **TRANS**

COUNSELLING SERVICE

wheelchair accessible

changing facilities



Free short-term face to face counselling for people who identify as trans, non-binary or are questioning their gender identity. Delivered by a trans-identified counsellor.



*Express your interest or
book appointments:*

counselling@spectra-london.org.uk

or call:

0800 587 8302

020 3322 6923

[www.spectra-london.org.uk/
trans-gender-services/](http://www.spectra-london.org.uk/trans-gender-services/)

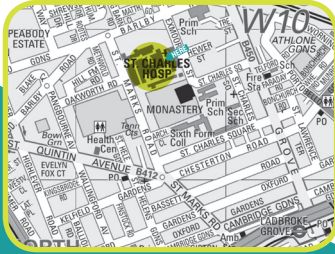


Spectra

Peer services, improved lives

SPECTRA

TRANS COUNSELLING SERVICE



SPECTRA TRANS COUNSELLING SERVICE

St Charles Centre for
Health and Wellbeing
Exmoor Street, London W10 6DZ



trans@spectra-london.org.uk
0800 587 8302



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